



Shastra

KSCASI Newsletter

April- Jun 2020-3/22



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Dr B N Patil
Chairman 2022



Dr Chandrshekhar S
Honorary Secretary



Dr Chandrashekar N
Honorary Treasurer



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Executive Committee 2022



Dr Shivaram H V
Chairman Elect 2022



Dr Aravind Patel
Past Chairman



Dr Dinesh H N
E C Member



Dr Naaz Jahan Shaik
E C Member, Sc Com



Dr Rajashekar C Jaka
E C Member



Dr Sarvesh Raje Urs AS
E C Member



Dr Kalaivani V E C Member
& Editor, Shastra



Dr Amaresh V iradar
E C Member



Dr Vijaykumar H
E C Member



Dr Y Guru basavana
Gouda E C Member



Dr Vijay V Kamat
E C Member



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DR G SIDDESH
PRESIDENT ASI 2022



Dr Rajgopal Shenoy
National EC Member



Dr Ishwar Hosamani
National EC Member



Dr Gurushanthappa
Yalagachin
National EC Member



Dr Diwakar Gaddi
National EC Member



Dr K Lakshman
Advisor



Dr S Soppimath
Advisor



Dr Tejaswini Vallabha
Chairman, Scientific
Committee



Dr Ramakrishna H K
Scientific Committee



Dr Narayan Hebsur
Scientific Committee



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Chairman 2022

Dr B N Patil

Dear Surgeons,

KSC ASI is the most active & vibrant chapter of ASI with Highest number of Social Security Scheme Members & 2nd Highest ASI members. Its possible because of our stalwarts who have set such high standards & the involvement all our members in Academic & Social activities of ASI.

We are privileged & proud to have ASI President of our Chapter i.e Dr Siddesh G who leads by example & under his leadership & guidance we have taken up almost all academic activities.

Our Chapters Past Chairman & Chairman of Scientific Committee Dr Tejasvini is leaving no stone unturned to conduct Scientific programs regularly on Zoom platform ,KSCASI energetic Secretary, Dr Chandrashekar is organizing regular EC meetings, with the feedback of our members, EC state & National members we are trying to implement & conduct all the activities . We request all the Medical College Faculty & Branches to actively participate in all activities of KSCASI ,bring new members to ASI & make all members part of Social Security Scheme which is really beneficial to all our member's family .

Jai Hind

Jai Karanataka

Dr Basanagouda N Patil





Secretary's desk... Dr.Chandrashekhar S



Dear Members

Greetings from KSCASI.

Hope to find you all in good health despite the covid pandemic. We have all experienced a different, fearful and challenging situation and hope to overcome this very soon.

We took charge of KSCASI office from February 14th 2021. The previous Executive Committee, headed by Dr.SS Soppimath have done a wonderful job during Covid 19 pandemic. Dr.Gaddi Diwakar executed his chores excellently. All meetings and conferences were conducted virtually. I think for the first time elections for KSCASI were conducted online and that most of the documents were digitalized by this team.

KSCASI has a good number of ASI members and I request the office bearers of all branches to report all the programs organised by them on time to KSCASI so that the same will be sent ASI head quarters.

I request the support of all the members of KSCASI so as to excel in our academic activities. We have planned to organise accademic activities, once a month at the State level by the scientific committee headed by Dr.Lakshman.K.

I hope our official Newsletter SHASTHRA, will come out with you lot of information contributed by all the members and the editor, Dr.Kalaivani.

Long live KSCASI

Dr.Chandrashekar S
Secretary KSCASI



Editor's desk...

Dear Esteemed Members of KSC,

The Surgeons of Karnataka have proved their academic excellence quietly at several occasions, nationally and internationally. SHASTRA, the state newsletter is the platform to showcase our academic and scientific work.

My sincere request to all the surgeons and postgraduate students to make the fullest use of this platform by contributing scientific material on research, recent advances in surgery, newer guidelines and individual academic and nonacademic achievements. Let us all strive together to take SHASTRA and KSCASI to newer heights.

Dr Kalaivani V
Chief Editor



Dear Colleagues,

I request you to send your contributions under the following. We also welcome contributions from our postgraduate students too.

Academic Article

Please send Original articles, Guidelines, Humour, stories, Trivia, Quiz questions and interesting Case report or Case series with Review of literature for academic purposes.

Opportunities/Classifieds

Relevant Jobs, Advertisements and Upcoming Events can be included at a nominal fee as per the discretion of the Editorial team.

Non Academic

Inviting articles - That may be appropriate and interesting to the members. Examples: Life beyond surgery, My daily routine, How I manage Stress, Interesting place I traveled, Books I recommend, Personal achievements, etc.

Feedback/ Suggestions

Any other suggestions for improvements, feedback, Letters to the Editor, any other Inputs are welcome.

Please mark your contributions to: emagazineshastra@gmail.com

Please also send your Name and Contact Number

Regards,

Dr Kalaivani V



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KSC ASI Activities

Karnataka State Chapter Association of Surgeons of India

VIRTUAL MORBIDITY - MORTALITY MEETING

TOPIC : "MORBIDITY FOLLOWING LAPAROSCOPIC CHOLECYSTECTOMY"

Date : 07-04-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Supreeth S P, Final Year Post graduate , MMC&RI , Mysuru

MODERATOR
Dr. H N Dinesh , HOD, Dept. of General Surgery , MMC&RI, Mysuru

EXTERNAL MODERATORS
Dr. S S SOPPIMATH, Consultant Laparoscopic Surgeon Professor & HOD, Dept. of General Surgery , JGMMC, Hubli
Dr. DAYANAND NOOLI, Consultant Laparoscopic and General surgeon, Chikkodi

Dr. B N Patil Chairman, KSCASI
Dr. H V Shivaram President Elect, KSCASI
Dr. Tejaswini Vallabha Chairman scientific committee, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/87322806965?pwd=U1U1aUJlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID : 873 2280 6965
Passcode : 552762

Karnataka State Chapter Association of Surgeons of India

CLINICAL CASE PRESENTATION FOR POST GRADUATES

TOPIC : "A CASE OF PERIPHERAL VASCULAR DISEASE"

Date : 21-04-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Keshavanath M, Final Year Post graduate , MMC&RI , Mysuru

MODERATORS
Dr. H N Dinesh , Prof & HOD, Dept. of General Surgery , MMC&RI, Mysuru
Dr. S Chandrashekar, Prof & Unit Chief, Dept. of General Surgery, MMC&RI, Mysuru

EXTERNAL MODERATORS
Dr. Sharath Chandra, Prof & HOD, Dept. of General Surgery, JSS Medical College, Mysuru
Dr. Suryakant Mandolkar, Prof & HOD, Raichur Institute of Medical Sciences, Raichur
Dr. Niranjan P, Consultant , Dept. of General surgery, Sagar Hospital, Bengaluru

Dr. H V Shivaram President Elect, KSCASI
Dr. B N Patil Chairman, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/83889385908?pwd=ekVlcnR5bUxUeUJlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID: 838 8928 5908
Passcode: 958735

Karnataka State Chapter Association of Surgeons of India

VIRTUAL JOURNAL CLUB ON

TOPIC : "RANDOMISED CONTROLLED CLINICAL TRIAL OF SCALPEL VERSUS DIATHERMY FOR ABDOMINAL INCISIONS"

Date : 05-05-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Karthik, Second year Post graduate , INMC , Belagavi

MODERATORS
Dr. Shrishail C Metgud, Prof & HOD, Dept. of General Surgery , INMC, Belagavi

EXTERNAL MODERATORS
Dr. Kalaivani V, Professor, Saphthagiri Institute Of Medical Sciences & Research Centre - Bengaluru
Dr. Sharad M Tanga, Former professor, MRM, Kalburgi and Past Chairman KSCASI
Dr. Mohammed Shafuluddin , Medical Superintendent And Professor, GIMS, Kalburgi

Dr. H V Shivaram President Elect, KSCASI
Dr B N Patil Chairman, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/872995184275?pwd=LjFkXkZlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID: 873 9618 4275
Passcode: 584036

Karnataka State Chapter Association of Surgeons of India

CLINICAL CASE PRESENTATION FOR POST GRADUATES

TOPIC : "A CASE OF MASS PER ABDOMEN "

Date : 19-05-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Baswaraj Kodge, Final Year Post graduate , VIMS, Ballari

MODERATOR
Dr. Prabhu Hubli, Prof and HOD, Dept. of General Surgery, VIMS, Ballari
Dr. E Govindaraju, Prof and HOD, Oncosurgeon, Dept. of General Surgery, VIMS, Ballari
Dr. Y Guru Basavanna Goud, Oncosurgeon, Dept. of General Surgery, VIMS, Ballari

EXTERNAL MODERATORS
Dr. Naaz Jahan Shaikh, Consultant General And Laparoscopic Surgeon, CITI Hospital, Hospet
Dr. Mohan Kumar K, Professor, Dept. of General Surgery, SDUMC, Kolar

Dr. H V Shivaram President Elect, KSCASI
Dr B N Patil Chairman, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/81528549244?pwd=Zm9mXkZlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID: 816 2854 3244
Passcode: 237536

Karnataka State Chapter Association of Surgeons of India

VIRTUAL MORBIDITY - MORTALITY MEETING

TOPIC : "A CASE OF MESENTERIC ISCHEMIA WITH STROKE AND PERSISTENT HYPERNATREMIA "

Date : 02-06-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Ifat Fatima,
Second year Postgraduate, Shri BM Patil Medical College & RC, Vijayapur

MODERATORS
Dr. K Lakshman, Past Chairman of scientific Committee, KSCASI
Dr. Ishwar Hosmani, Prof & Principal , KIMS, Hubballi
Dr Girish Kullolli, Prof of Surgery, BLDE DU'SBMPMC, Vijayapur
Dr Sajid Mudhol, Prof & HOD Surgery, AL Ameen Medical College Vijayapur

Dr. H V Shivaram Chairman Elect, KSCASI
Dr. B N Patil Chairman, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/85776290176?pwd=VWlnMjYkZlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID: 857 7629 0176
Passcode: 053656

Karnataka State Chapter Association of Surgeons of India

CLINICAL CASE PRESENTATION FOR POST GRADUATES

TOPIC : "A CASE OF MASS PER ABDOMEN "

Date : 16-06-2022 Thursday Time : 09:00 PM

PRESENTER
Dr. Channa Keshav,
Second year Postgraduate, Kasturba Medical College, Manipal

MODERATORS
Dr. K Rajagopal Shenoy, Professor, Dept. of General Surgery, KMC, Manipal
Dr. Sunil Krishna, Professor, Dept. of General Surgery, KMC, Manipal
Dr. Narayan Hebsur, Professor, Dept. of General Surgery, KIMS, Hubballi
Dr Deepak Udupudi, Prof & HOD Surgery, JJMMC, Davanagere

Dr. H V Shivaram Chairman Elect, KSCASI
Dr B N Patil Chairman, KSCASI
Dr S Chandrashekar Secretary, KSCASI
Dr Chandrashekar N Treasurer, KSCASI

<https://us02web.zoom.us/j/8914015758?pwd=L3VTMjYkZlYWRWVWU1U2SR2V5bUkxZlYkXkZlOQ==>
Meeting ID: 891 4015 5758
Passcode: ddt55d



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KSC ASI Activities

Mysore medical college and research institute organised Undergraduate Conference called VAGUS 2022 at Mysore on 28th & 29th may 2022

In association with Mysore medical college and research institute kscasi organised pre conference "BASIC SURGICAL SKILL" WORKSHOP and trained about 200 students.

It was appreciated by all students who participated and also by Our National President Dr.G Siddesh who attended the Inaugural function as Guest .

Dr S.Chandrashekar .sec, kscasi and Dr HN Dinesh ,President SSM ASI Mysore Participated.





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Branch Activities



SURGICAL SOCIETY OF BENGALURU ASICC (R)

[48years] 1974 – 2022]
www.ssbasicc.org

DR SAMPATH KUMAR K President 9900515287 sampath17k@gmail.com	DR VENKATESH K L President Elect 9611844404 drvenkatbh42@gmail.com	DR PREM KUMAR A Hon Secretary 9886575767 drpremk512@yahoo.co.in	DR RAMESH B S Hon Jt.Secretary 9845472444 rameshshamburao@yahoo.co.in	DR MUNIREDDY M V Hon Treasurer 9900499533 mreddydr@yahoo.co.in
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APRIL: Monthly Clinical Meeting held on Wednesday 27th APRIL 2022 hosted by

COMMAND HOSPITAL– Bengaluru at AIRFORCE OFFICERS MESS

BEST POSTER : Dr Fg Offr (Dr) Abhigyan: A CASE OF CORROSIVE INJURY OESOPHAGUS

MAY: Monthly Clinical Meeting held on Wednesday 18th MAY 2022 hosted by PRIVATE SURGEONS & CORPORATE HOSPITALS - Bengaluru at API BHAVANA

JUNE : Monthly Clinical Meeting held on Wednesday 15th JUNE 2022 hosted by

DR B R AMBEDKAR MEDICAL COLLEGE & VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE - Bengaluru at API BHAVANA

6:00pm – 6:45pm CASE PRESENTATION/RECENT ADVANCES

2. 6:45pm – 7:15pm Poster Presentations –
3. 7:15pm – 7:30pm Recent Advances Capsule – Dr Prem Kumar A
4. 7:30pm – 8:30pm Paper Presentation



SSBASICC: Academic Activities

Master Class Operative Surgery discussions (Video) Session held on Saturday 11th JUNE 2022 hosted by Surgical Society of Bangalore ASICC in association with IRILLIC @ Senate Hall, Hotel Capitol

Operations:

Modified Radical Mastectomy

Beast Conservative Surgery

Sentinel Lymp Node Biopsy

Breast Reconstruction Oncoplasty

Speaker: Dr. Somashekar S P, HOD and CHAIRMEN, Dept. Surgical Oncology, Manipal Hospital- Bengaluru

Dr Ashwin R: Dept of Surgical Oncology, Manipal Hospital - Bengaluru.

Moderators were Dr K Lakshman and Dr Venkatachala K



SUSHRUTHA
NEWSLETTER APRIL-MAY 2022
SURGICAL SOCIETY OF BANGALORE ASI CC

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- Robotic assisted Vs Video assisted McKeown Esophagectomy
- A Rare cause of intestinal obstruction in an adult
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SSBASICC : Surgeon's Day : 25th June 2022



Dr G Siddesh, President ASI
Chief Guest



Dr KV Ashok Kumar
Dr K Ramdev
Honoured



Dr Vikram Kate, Dr B N Balakrishna Rao Memorial Orator



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Hubli Dharwad Branch

President: Dr. K. G. Byakodi
Secretary Dr. Prashant Tubachi



Participated in procession and Candle March against the suicide of young Dr. Archana Sharma in Rajasthan for the protection of Doctors against the violence from patients and relatives, along with IMA and OBG groups on 4th April 2022 at Hubli.

HUBBALLI ONCOLOGY GROUP
Registered under Karnataka Society Registration Act 1960
Registration No: DRZ / SOR / 508 / 2016-17

HUBBALLI ONCOLOGY GROUP
IN ASSOCIATION WITH ASI - HUBBALLI DHARWAD CHAPTER
Cordially invites You

[CME on Colorectal Cancer](#)
[Venue: IMA HALL](#)
[Wednesday 30 March 2022 at 8 pm](#)

Topic	Speaker	Time
1. Total Mesorectal Excision	Dr Rudresh Tabali	8 - 8.15 pm
2. Chemotherapy For Metastatic Colorectal Cancer	Dr Lepaksh	8.15 - 8.30 pm
3. Neoadjuvant Radiation In Rectal Cancer	Dr Giriyaappagoudar	8.30 - 8.45 pm
4. Panel discussion	Moderator - Dr Sanjeev Kulgod Panelists - Dr Gurushtappa Y Dr Vinay Gadagi Dr Shrishall Chinwalar Dr Prasad Gunari Dr Kiran Kattimani Dr Saikumari Dr Basavaraaj	8.45 - 9.30 pm

INTERNATIONAL YOGA DAY CELEBRATION

International Yoga Day will be celebrated at IMA House at 5.40 a.m. on Tuesday 21st June 2022 at IMA House, Hubballi

PROGRAMME DETAILS

05.45 a.m. - 06.15 a.m. : Yoga Practice : Shri Nitin Pujari
06.15 a.m. - 06.30 a.m. : Meditation : Smt. Nivedita
06.30 a.m. - 06.40 a.m. : Felicitation
06.40 a.m. - 07.00 a.m. : P.M. Shri Narendra Modiji's Speech
07.00 a.m. - 07.10 a.m. : Conclusion

Date : 21st June 2022 (Tuesday) Time : 05.45 a.m Venue : IMA House, Hubballi

Dr. Manjunath Nekar
Secretary, IMA Hubballi

Dr. S.Y.Mulkipatti
President, IMA Hubballi

Dr. Madhukar Devedas
Treasurer, IMA Hubballi

Dr. Sangeeta Antartani
Chairperson,
MA MDN Hubballi

Dr. K.G.Byakodi
President,
All Hubballi Dharwad City Chapter

Dr. Virendra Bhasme
President,
Hubballi Dharwad Orthopaedic Association





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Tumkur Branch

President: Dr Prabhakar G N

Secretary: Dr Sathish Babu N

CME on 16th JUNE 2022

Speaker 1. Dr Mahesh KB, Consultant Surgical Oncologist from HCG Hospital, Bangalore

Topic: Organ Preservation in Surgical Oncology

Speaker 2. Dr Lohith Reddy, Consultant Radiation Oncologist from HCG Hospital Bangalore

Topic: Recent Advances in Radiation Oncology

Invitation

Cordially invite you for the CME program organised by the ASI TCB in association with SYGNUS DIVISION of Sun Pharma Laboratories Ltd.

TOPIC
CHALLENGING CASES AND RECENT ADVANCES IN GASTROENTEROLOGY

Speaker
Dr Kumar Partha
MBBS, FAIS, FMAS (Minimal access surgery)
MNAMS, DNB, FSQE (Surgical Gastroenterology)
EFAIGES (Endoscopy) FACRSI (Colorectal Surgery)
Consultant Surgical Gastroenterologist

Wednesday
11th May 2022

07:00 PM AT IMA HALL
TUMKUR

Dr Prabhakar G N
President ASI TCB

Dr Sathish Babu N
Secretary ASI TCB





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Belagavi Branch

President ; Dr Gomatesh Kusnale
Dr Kishor V Bandagar, Secretary
Dr Akshay Metgud , Treasurer.

Clinical meeting and Handing over ceremony of the new office bearers was done on 10 June 2022 .The Event was attended by about 50 surgeons including consultants and Post Graduate students .

The Past President - Dr Shashikant Kulgod and Team , handed over the charge to the new office bearers - Dr Gomatesh Kusnale , President ; Dr Kishor V Bandagar, Secretary and Dr Akshay Metgud , Treasurer.





SURPRISE IN PAROTID TUMOR- PAROTID SCHWANNOMA : A RARE CASE REPORT

Dr Shivaswamy B.S^I, Sunil Kumar V^I, Nitish A Golasangi^I, Arshiya Sultana Khanum²
^IDepartment of General Surgery, Sathagiri institute of Medical Sciences, Bangalore, Karnataka, India.

Background:

Facial nerve schwannoma occurring within parotid gland is a rare tumour. We report such a case of rare tumour in this case report.

36 year old middle aged man presented to surgery department with complain of painless swelling in right cheek region since 10 years. Initially it was approximately 1*1 cm for which he did not seek any medical advice and patient noticed gradual increase in size over a period of past 7 months to attain present size of 6*4 cm with no other associated symptoms, no history suggestive of facial nerve palsy, with insignificant past, personal and family history.

On local examination (fig 1), in inspection, a solitary, ovoid swelling of 6*4 cm noted in front of right ear in cheek, parotid region with well-defined borders, smooth surface, and skin over swelling appears normal. Facial symmetry appears normal with position of ear lobule appears normal. No other swelling noted in the neck. On palpation, an ovoid, non-tender, cystic swelling measuring about 6*4 cm with well-defined borders & smooth surface in the right parotid region, extending vertically from 1 cm below border of zygomatic arch to 2 cm above angle of mandible, horizontally from just anterior to tragus with curtain sign being positive. Swelling is not fixed to masseter/ adherent to overlying skin. No cervical lymphadenopathy. No features suggestive of facial nerve palsy. Oral cavity examination is normal.



Fig 1: pre-operative pictures of swelling present in right parotid region

Intraoperative findings:

A swelling of 6*4cm noted in the superior aspect of superficial part of parotid gland with variable consistency (fig 2). Dissection was done, trunk of facial nerve identified and all the branches of facial nerve were delineated and tumour excised out successfully preserving all the branches of facial nerve.

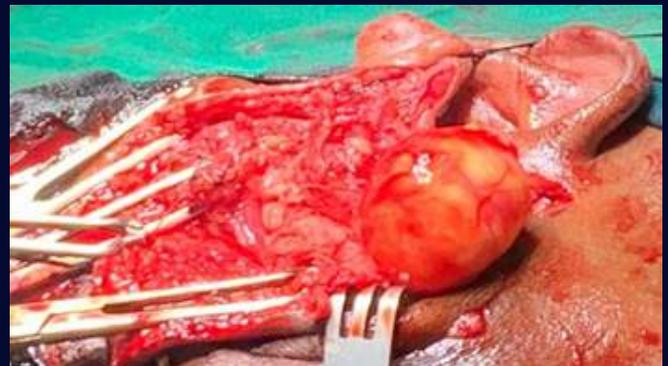


Fig 2: intra-op pic showing tumour in superior aspect of superficial part of right parotid gland

Post-Operative Period – There were no signs of facial nerve palsy. Patient was followed up regularly and there were no features suggestive of facial nerve palsy



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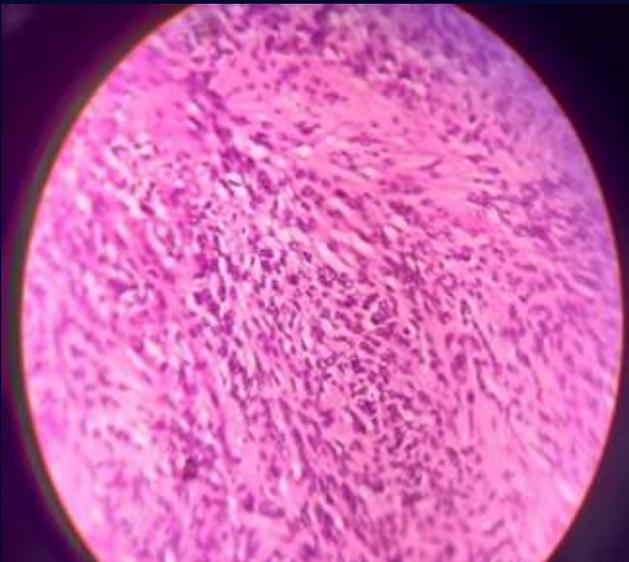
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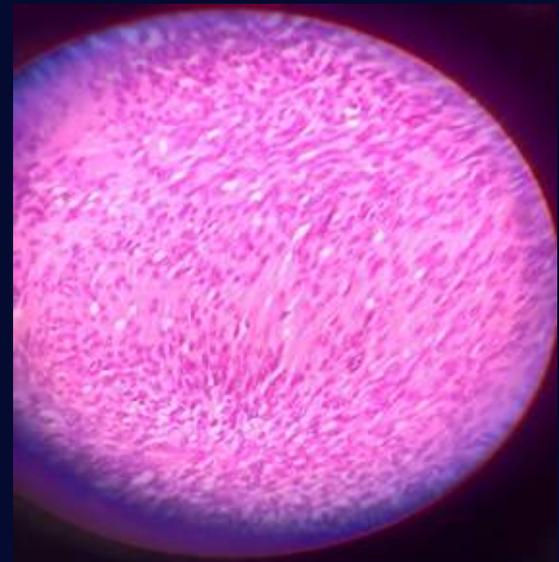


Histo-pathological examination (HPE): specimen was sent for HPE which shows following findings, grossly – specimen consists of multiple grey white soft tissue fragments.

Microscopy- encapsulated biphasic tissue shows the spindle cells arranged in nests and nodule within a loose schwannian stroma. The cells are arranged in hypocellular and cellular areas, with Verrocaey bodies with thick walled hyalinised blood vessels with cystic changes. Thus confirming the diagnosis as Schwannoma of right parotid.



Spindle cells arrangement (40x view)



Verrucae bodies(40x view)

Discussion:

Schwannomas of the parotid gland are rare neoplasms with incidence being 0.2% to 1.5%. Schwannoma is a slow growing encapsulated tumor of neuro ectodermal derivation that originates from the schwann cells of the neural sheath. Many patients present with a painless, palpable facial mass. The presence of facial nerve paralysis is variable. Schwannoma of the parotid gland is rare & may be mistaken as pleomorphic adenoma. Cytological features such as small fascicles of cells & wavy spindle shaped nuclei are helpful to distinguish this tumor from pleomorphic adenoma.



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Interview with Dr C S Rajan, The Quiz Master



Qualifications:

MBBS, (1971-1977, SJMC, Bangalore),
MS (1978-1981, BMC, Bangalore
@ B&LCHonly),

MNAMS (1982, NBE, New
Delhi),DHHM(2002, IGNOU, New
Delhi).

Dr C S RAJAN, as on 4th Feb 2022

A BORN, BRED, BUTTERED, AND NOW, 'JAMMED' BANGALOREAN.

Personal details

Into a happy family of Government Medical Officer at Mysore, with 2 sons, 15 & 12 years old, I arrived as an 'after thought' or an 'accident', to 'seniorish' parents (Dad 49 & Mom 39) in 1953. A 7th month Emergency CS for bleeding Placenta Previa had to be performed, and a tiny 3¾ pound male infant was extracted. THAT WAS ME...! Always sickly, physically weakend and underweight, parents went many an extra mile, to raise me up, with great care and effort.

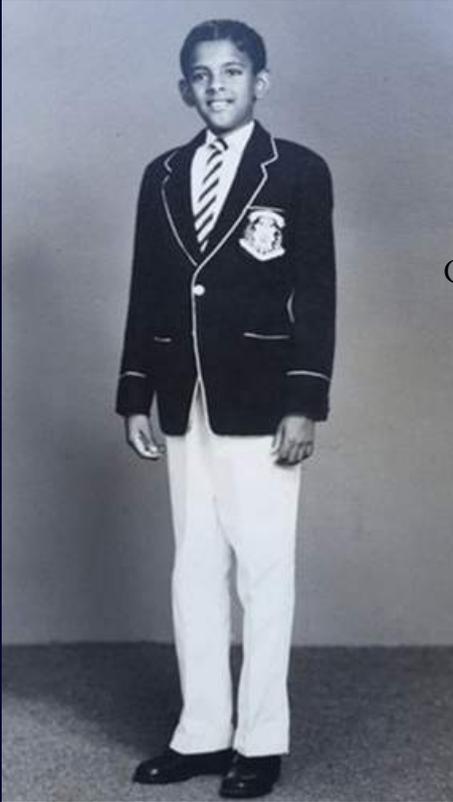


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Dr CSR



As a student

St Joseph's Boys High School, Bangalore, in 1965

CSR the medico, at St John's Medical College, 1973



CSR as Quiz Master



Sickly Childhood, 5 Operations: Tonsillectomy 1961, Laparotomy & Appendectomy 1969, open reduction and screw fixation for Pott's fracture left ankle 1970, LIIH repair 1981, CABG 2009.

Viruses LOVE me... yearly URTIs, Chicken Pox 1967, Hepatitis A 1977, Mumps with Orchitis(!) 1986, Herpes Zoster 2019, Chikungunya 2020, Bad Covid 19 May 2021 with 4 days in ICU, lucky recovery..!

School, education and career.

Started School a year later than usual, initial Sophia's, then SJBHS, top 5 in class, 9th Rank in State Board examinations, PUC at SJC, MBBS from SJMC on a Scholarship, and only cycle, the MS from BMC, when I had a Suvega moped. Obtained a Distinction in Biochem, the SJMC Gold Medal in Surgery & Blr University Gold Medal in OBG..!



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Dr CSR

Married ELSIE in 1983, after a 5 year courtship, 2 daughters, Vitradika & Rathika, both married, (to Rohan & Roshan respectively) 3 Grandkids, Ezra & Elissa (to V&R), & Noah(to R&R)
Lived from age of 6 years in Jayamahal Extension area, parental house till 2005, and now have a flat on Nandidurga Road.



CSR standing centre, with rest of Family, Graduates all, 1978

CSR Whole Family :
2 daughters and their husbands and 3 grand kids, Jan 2019.



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Dr CSR

Awards and Accolades

1. CST,RCS* England (Through ODTs^, 1989-1991), Hon. FRCS Glasgow 2012, FICS-IS 1993, FAIS 2003, & FIAGES 2012. [CST* - Certificate of Sponsored Training, ODTs^ - Overseas Doctor's Training Scheme, as a Senior Registrar in General and Thoracic Surgery, at Treliske Hospital, Truro, Cornwall, UK]
2. The LTAA - The Life Time Achievement Award of the OBA* of SJBHS, for 2016.[* OBA - Old Boys Association of St Joseph's Boy's High School, Blr]
3. Distinguished NBE teacher Award 2019 from the ANBAI, for over 2 decades of DNB Teaching.
4. National Surgical Quiz Master from 2005 to 2021 (in 9 of the 16 years)
3. State Surgical Quiz Master for 19 continuous years, 2003-2021.





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April- Jun 2020-3/22



Dr CSR

Posts and Positions held & Designations:

WHOLE CAREER at St Martha's Hospital, Bangalore - 1981 to 2013: Started as Tutor in Surgery from SJMC in 1981; then joined SMH in 1982 and rose through Consultant, Senior Consultant, & Unit Chief, and finally Senior Consultant and HoD General Surgery 2003 - 2013; I have been involved in the surgical mentorship and training of exactly 75 young Surgeons of the next generation (Dissertation guide for 20 of them too). Was also the Additional Medical Superintendent in charge of DNB Programme : 'Director, DNB Studies', for 7 disciplines and 66 PGs!



CSR surgical team at SMH 2001



Farewell pic of SMH 2013



President, SSBASICC: 2006

For the SSB itself, I have served many terms in the EC, and been its Hon Secretary in 1992, and the President in 2006. I have also been Chairman of the KSCASI for 2016-2017. I have been a very active member of the Organisation Teams of ASICONS 1985 and 1997 in Bangalore and of ASICON 2016 at Mysuru. Been part, and leader, of Scientific Committees of KSCASICONs 2004, 2009 and 2020 in Bangalore.



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Your Mentor:

MANY : cannot single out one : was handheld by a different person, at each step.



So, my gratitude to, and inspiration from, are:

1. During MS : Dr C Vittal - the value of record keeping, the importance of teaching, and of being kind to juniors. He repaired my Inguinal Hernia in 1981, simple darn, no recurrence..!!!
2. At SMH, initially Dr Joseph Antony, then later on in the main Dr C K SUBBAIAH, my philosopher and guide, in ALL walks of life, to becoming a very close friend to me and my family.
3. In the UK, Mr NJ Barwell, for the Shouldice repair and the Repair under LA, & Mr SS Hassan, for the Thoracic Surgery. I'm still on a daily What's App exchange with Mr SSH..!



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Your Mentor:

3. For Quizzing : I was always interested in Quiz and did quiz shows for the family. But it was DR KS SHEKAR that opened the doors of Surgical Quiz to me, and I have excelled in it.

Besides being a form of knowledge sharing, I have introduced humour and aphorisms, with a Cricket style scoring, to make it a very interactive session called 'Quizotainment'!..!

It has also lead me to a very unique style of authorship using vocabulary from letters of my initials 'C' & 'S'. My 'CS Tips on Chest drains' in the IJoS still gets many hits everyday!

4. In LIFE : My brother Air Marshall PHILLIP RAJKUMAR, for his skills, dedication, and very jovial and happy outlook on life.

Member; Medical :

Currently of SJMCAA, BMC Alumni (PG), IMA, SSBASICC, KSCASI, National ASI, NAMS, ISG, IAGES, ABSI, HSI & APHS, IATCC,

& the ANBAI; Ex-Member : CS at SMH, Blr Gastro Gp & Th Surg Gp of Blr.

Member; Non-Medical:

Currently : St John's Church, Century Club, Batch (1969) Rep in OBA of SJBHS, & Batch (1971) Rep in AA of SJMC: Ex Member : JYA in Jayamahar, Family YMCA, JDA at SMH, was President PTA at Sophia's.

Extrasurgical activities:

NEVER PLAYED, but love ALL forms of Sport, keenly follow Cricket, Tennis, Motor Racing, Golf and all other sports too. Ran and won 800m & 1500m races at SJMC and finished 3rd at Intermedics in 1970s.

Played Cricket & Table Tennis at SJMC & SMH, Captain SMH Cricket (tennis ball) team in 1990s. I am a very ardent RCB fan and supporter!





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Why did you choose surgery?

Was 'forced' to like a Medical career, by Dad (both my elder brothers 'escaped' his push to medicine) and he was determined I did not slip away too...! Once I knew that I was going to be doing only medicine, I never liked the big textbooks of Medicine, but preferred the smaller doing books like 'Pye's surgical handicraft', and decided, it would be only some surgical option for me ... !

If not for surgeon what would you want to be?

Having a hero brother in the Air Force, I too wanted to be a pilot, an Airline pilot...but once I became myopic in high school, all that went out of the window. Was good at Maths and loved Chemistry too, so maybe, Chemical Engineering????

What would you want to do if you relive your PG life?

NOTHING: Those were the 3 most satisfying years in my life, hard work, daily learning of something, immense respect for my work from medics, paramedics and patients at B&LCH, and a very supportive, pretty GF too..!

Favourite food, place to visit, books, any other.

Andhra food : The RRs of the past, now Nagarjunas, and for Desserts, Lakeview ice creams on MG Rd - would go there every night duty, with the team..! Now its Corner House Ice Creams. Not much of a traveller, and as sport takes all my attention, not much of a reader too.



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Interesting incidents you like to share:

1. In 1978, I was doing SHO in Ortho after Internship -- I applied for MS Ortho & D'Ortho. At the submission window, my friend said, 'hey, do NOT leave the 3rd option available, empty'. So I took his pen and scribbled MS General Surgery, as the 3rd option. And I did not get the Ortho I opted for, but was given General Surgery at B&LCH (BMC). I went sadly to my Dad... he said, not to worry, do your MS in General Surgery, and then do your MS in Ortho, you will be a far better orthopaedic surgeon.....but that step never happened, and I ended, and now without regret, a General Surgeon

2. My father always told me, 'Son, work for a Salary. If you use surgery to make a living, money will become your indication for surgery. PLEASE do not do that. And if you chose to do that, it is NOT why I made you a doctor. Do not take money from your patients, you must work for a salary. He made me try for Government selection, but even with the No 2 rank in the merit list, I did not make the selection in 1979. So, on completion of the MS, he said, 'now, go work for the nuns, salary will just be enough, but your satisfaction will be better'. I obeyed him and joined SMH. And NEVER regretted it.

3. In 1998, Dad was 93, blind (glaucoma) and bedridden. He called me and asked, 'Son, after my days, will you leave SMH?' I explained, that with 2 daughters I will have to go into practice to sustain the family and their needs. He was sad, and after a while he asked me the same Q again... I was silent.. After 5 minutes, he said, 'Son I'm waiting for our answer'. I finally said "Dad I'll stay on with SMH till I retire". He held my hand and squeezed it, did not say anything more, and passed away a few days later. And that's why I stayed on at SMH till retirement ...!!



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My favourite surgery:

2 divergent ones... one delicate and soft, the other rough and tumble and gutsy...!! They are :

1. Open repairs of Inguinal hernias under LA, both the tissue repair (the modified Shouldice repair of Barwell) or the light weight mesh hernioplasty, with sameday discharge.

2. Surgery for suppurative pleuro-pulmonary disease ...drainages, decortications and VATS



Patient walking out of the OT after Lt Inguinal Herniarepair under LA, by CSR, at a Surgical Camp at Chikaballapur in Jan 2020



Post Op patient Sept 2021



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Key to your success:

1. My love for surgery, and my concern for the fellow suffering human being due to a surgical cause. Helped by my outgoing, extrovert personality and love for the brighter and happier side of life. My guiding quote has been "He / She who lacks a sense of humour, has no sense at all" ...!!!!
2. My ability to conduct very good bedside teaching clinics and to impart Basic Surgical Skills to all Trainees.... I consider myself a Primary School Teacher for Medicos on the Surgical path. Satisfaction is not about the fruits you gather, but rather it is about the seeds you scatter..!

Advise to young surgeons:

1. Very simple : 8 Ps : Proper Pre-operative Planning and Preparation, Prevents Poor Postoperative Performance.
2. PLEASE maintain a Log Book of all operations, with difficulties and/or complications and a long term follow up if possible. This is your best Self Audit.
3. Maintain a GOOD physical condition : Optimum weight (allow 10 - 15% increase for age after 40 years), active limb movements...a game or a walk of 3- 4km / day.
4. Learn to ENJOY LIFE....Surgery is not the "Be all and End all" of life... there is lots, lots more outside surgery...!!! Go for those extras. Your surgical results will improve..!

CSR with Dr M Ramesh on Meeting Dr ABDUL KALAM, in 1998, for the support and of the "LAPAROSCOPY TRAINING VIRTUAL REALITY SIMULATION" Platform

He agreed and together with DRDO we did develop a Model.





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Lastly, My Gratitude:

It is only, to the SSB and KSCASI..! I was from a non-University Institution. There was little scope to show my love for teaching and my deep interest in using Surgical Quiz as an educational tool.

It was the SSB and the KSCASI that has encouraged and supported me, and helped me reach National acclaim and fame. Thanks to this, I was also elected to the National EC of the ASI, twice, and am currently a sitting Editorial Board Member of the Indian Journal of Surgery.

I never got Institutional Support. It was all my effort, with KSCASI and SSB's given opportunities and encouragement. I been Honoured to deliver all the 3 Orations of the SSB, the prima donna Oration of the KSCASI (Dr H S Bhat Oration) and 3 more Orations across State and Country.

I THANK BOTH, THE KSCASI AND THE SSB SO MUCH. I AM EVER GRATEFUL....!!!



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Announcements

**MYSORE MEDICAL COLLEGE &
RESEARCH INSTITUTE
&
SURGICAL SOCIETY OF MYSURU, ASI
MYSURU BRANCH**

Presents

**KSCASI-midCON
2022**

📢 Notification

Date: 17th -18th September 2022

Timing: 8AM Onwards

Venue:MMCRI Mysuru

**Pre- Conference Live Workshop on
16th September 2022
organized by
Dept. Of Surgery, MMCRI Mysuru**